

BRESS Pilates instructor

Briefly

- Minimum of one Pilates class per week
- Weekday evenings
- Possible as a self-employed person or employee

Will you be our new Pilates instructor at BRESS?

Are you energetic, enthusiastic and passionate about Pilates?

At BRESS, we are looking for an instructor who can inspire and motivate our members and ensure they enjoy every class. You will independently teach Pilates classes in Dutch and English to groups of up to 20 participants.

You will create a pleasant atmosphere in which both beginners and experienced athletes feel challenged and welcome. You will arrive well prepared, enjoy teaching and send the participants home with a smile and a feeling of satisfaction.

After the class, you enjoy chatting with participants, paying attention to newcomers and leaving the room tidy. In this way, you contribute to the positive and sporty atmosphere for which BRESS is known!

What we ask of you

- Minimum MBO working and thinking level
- In possession of Pilates-related certificates and/or diplomas
- Minimum age of 18
- Experience in teaching Pilates classes
- Affinity with our target group: students and young adults
- Good speak in both Dutch and English
- Service-oriented, sociable, presentable and sporty

What we offer you

- An attractive rate of at least €35 per hour (self-employed)
- Free gym membership at BRESS
- A young, energetic and friendly community
- Monthly Friday afternoon drinks and fun team activities

Working hours

We are looking for a teacher for 1 to 2 classes per week on Monday to Thursday evenings (in consultation).

Does this sound like something for you?

Are you that enthusiastic Pilates teacher who wants to give our members a great experience? Then send your cover letter and CV to info@bress.nl, stating "Application for Pilates Instructor".

Would you like to get an impression of our atmosphere? Then be sure to take a look at our website, Instagram and Facebook.

Come and teach at BRESS – where exercise, fun and community come together!